A diagram showing the major cancer genes for some cancers. The larger the gene name, the more frequently that gene is defective in that cancer type.¹

Introduction
The cell division process is dependent on a tightly controlled sequence of events. These events are dependent on the proper levels of transcription and translation of certain genes. When this process does not occur properly, unregulated cell growth may be the end result. Of the 30,000 or so genes that are currently thought to exist in the human genome, there is a small subset that seems to be particularly important in the prevention, development, and progression of cancer. These genes have been found to be either malfunctioning or non-functioning in many different kinds of cancer.

The genes that have been identified to date have been categorized into two broad categories, depending on their normal functions in the cell.

- Genes whose protein products stimulate or enhance the division and viability of cells. This first category also includes genes that contribute to tumor growth by inhibiting cell death.
- Genes whose protein products can directly or indirectly prevent cell division or lead to cell death.

The normal versions of genes in the first group are called proto-oncogenes. The mutated or otherwise damaged versions of these genes are called oncogenes. Note that by convention gene names are italicized and the proteins they make are not. As an example, \textit{p53} refers to the gene and \textbf{p53} refers to the protein.

The genes in the second group are called tumor suppressors. Further information on the topics on this page can also be found in most introductory Biology textbooks, we recommend Campbell Biology, 11th edition.[2]

**Topics on this page:**

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  - \textit{HER-2/neu} and Cancer Treatments
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- **Tumor Suppressors**
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Oncogenes

A useful analogy to consider when thinking about tumor suppressors and oncogenes is an automobile. The proto-oncogenes would be in control of the movement of a car (the gas pedal in the animation below). When everything is functioning properly, the car moves only when the gas pedal is pushed. In normal cells, both internal and external signals control the activity of the oncogenes. In the animation below, these signals would be represented by the the 'X' shaped growth factor and the foot in the video portion.

A defective oncogene would be analogous to a gas pedal that is stuck in the 'on' position. There is no longer a need for signals to activate these genes. The car would go forward regardless of whether the pedal was pushed or not!

What this means for cells is that they divide continuously even in the absence of any signals telling them to divide. We have two copies of each gene and for oncogenes, a single defective copy is enough to cause a cell to divide.

Numerous genes have been identified as proto-oncogenes. Many of these genes are responsible for providing the positive signals that lead to cell division. Some proto-oncogenes work to regulate cell death. As stated in the introduction to this section, the defective versions of these genes, known as oncogenes, can cause a cell to divide in an unregulated manner. This growth can occur in the absence of normal pro-growth signals such as those provided by growth factors. A key feature of oncogene activity is that a single altered copy leads to unregulated growth. This is in contrast with tumor suppressor genes which must BOTH be defective to lead to abnormal cell division.

The proto-oncogenes that have been identified so far have many different functions in the cell. Despite the differences in their normal roles, these genes all contribute to unregulated cell division if they are present in a mutant (oncogenic) form. The mutant proteins often retain some of their capabilities but are no longer sensitive to the controls that regulate the normal form of the protein.

Different cancer types tend to depend on a limited number of 'driver' oncogene mutations.
These mutations are the main changes that make the cancer progress. ALL cancers have lots of additional changes, the so-called 'passenger' mutations, that may contribute to the cancer, but are not the main genes.

Selected oncogenes that have been associated with numerous cancer types are described in more detail below.

**HER-2/Neu**

**Her-2/neu**

The structure above shows human HER-2 complexed with Herceptin Fab.

HER-2/neu (also called erbB-2) is the gene that encodes for the human epidermal growth factor receptor type 2. This receptor is found in moderate levels on some normal cells and as the gene's name implies, it is involved in cellular responses to growth factors. As shown below, binding of the factor under the right conditions can stimulate cell division.

Your browser does not support HTML5 embedded video.

The HER-2/neu gene is amplified in up to 30% of human breast cancers. The increase in the number of copies of the HER-2/neu gene leads to an increase in the expression of the HER2 protein on the cell surface, and is thought to lead to an increase in cell proliferation (shown below). The gene amplification is also thought to affect the response of the tumors to treatment and as well as the ability of the tumor to grow and spread. Overexpression of this gene may make a tumor more aggressive, but may also make the cancer more sensitive to some chemotherapy agents. More on gene amplification.

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**HER-2/Neu and Cancer Treatments**

The effect of HER-2/neu overexpression on the effectiveness of chemotherapy drugs has not been fully elucidated. Several studies have been conducted to ascertain the effects of the HER2 protein on responses to chemotherapy. One recent study exposed the cells of
140 primary breast tumors to various concentrations of two different chemotherapy combinations. The study showed that cells with strong HER-2/neu overexpression exhibited greater growth inhibition with the chemotherapy treatments than those with lower expression levels. The HER-2/neu amplification seemed to impart chemotherapy sensitivity to the tumor cells rather than making them more drug resistant. Chemotherapy attacks cells that are replicating, and HER-2/neu amplification causes faster replication. One possible conclusion would be that due to their high rate of cell division, the HER2 overexpressing cancer cells are killed off more effectively. The actual effects of HER-2/neu amplification is still in question because there have been some contradictory results showing a lack of effect on chemotherapy.\[5\]

Other work has shown that HER-2/neu overexpression to be associated with estrogen receptor negativity, poor tumor cell differentiation, and decreased patient survival.\[6\] It is clear that this proto-oncogene is important in the development of several forms of cancer but the story is far from complete.

**Antibody treatment and HER2**
Cancer treatments have been designed to combat cancers overexpressing the HER2 protein. Trastuzumab (Herceptin®), from Genentech, is a humanized monoclonal antibody that binds to the HER2 protein and blocks its activity, preventing excessive cell proliferation. This process is shown in the animation below. Herceptin® has been used recently in conjunction with chemotherapy for HER-2/neu amplified cancers.\[6\][7] More on antibody treatments for cancer.

Your browser does not support HTML5 embedded video.

**RAS**

**RAS**

Your browser does not support HTML5 embedded video.

The above structure is the H-RAS oncogene protein complexed to a hydrolysing GTP (GppNp).

*RAS* gene products are involved in kinase signaling pathways that control the transcription of genes, which then regulate cell growth and differentiation. To turn "on" the pathway, the RAS protein must bind to a particular molecule (GTP) in the cell. To turn the pathway "off," the RAS protein must break up the GTP molecule. Alterations in the RAS gene can change the RAS protein so that it is no longer able to break up and release the GTP.
These changes can cause the pathway to be stuck in the "on" position. The "on" signal leads to cell growth and proliferation. Therefore, RAS overexpression and amplification can lead to continuous cell proliferation, which is a major step in the development of cancer. Cell division is regulated by a balance of positive and negative signals. When ras transcription is increased, an excess of the gene's protein is in the cell, and the positive signals for cell division begin to outweigh the negative signals.

The conversion of RAS from a normal gene into an oncogene usually occurs through a point mutation in the gene. The altered function can affect the cell in different ways because RAS is involved in many signaling pathways that control cell division and cell death. Anti-cancer drugs are now being developed that target RAS dependent pathways. Much remains to be discovered before these drugs can be put into use.

Mutant RAS has been identified in cancers of many different origins, including: pancreas (90%), colon (50%), lung (30%), thyroid (50%), bladder (6%), ovarian (15%), breast, skin, liver, kidney, and some leukemias. It is also possible that in the future, ras may be used to detect certain cancers. Historically, pancreatic cancer has been difficult to diagnose. The identification of RAS mutations in the DNA of pancreatic cells shed into feces may enable clinicians to differentiate between chronic pancreatitis and pancreatic cancer.

MYC

The structure above shows MYC-Max recognizing DNA.

The MYC protein acts as a transcription factor and it controls the expression of several genes. Mutations in the MYC gene have been found in many different cancers, including Burkitt's lymphoma, B-cell leukemia, and lung cancer. The MYC family of oncogenes may become activated by gene rearrangement or amplification. Gene rearrangements involve the breakage and reunion of chromosomes. This process can involve large amounts of DNA and can affect many genes. The movement of a gene or group of genes to a different location within the same chromosome or to a different chromosome often leads to altered gene expression and cell function.
Translocation is one type of gene rearrangement, and a translocation between chromosomes 8 and 14 has been shown to result in overexpression of MYC and ultimately B-cell lymphoma. The animation below shows what a translocation between two different chromosomes looks like.

The amount of MYC protein present in the cell is important because the activity of MYC is balanced by another protein that opposes MYC activity. Therefore, an increase in either protein will offset the balance and affect cell division.\[^{11}\]

In the video above, Dr. Gerard Evan discusses the role myc protein in cancer. [Watch the full interview with Dr. Evan.](#)

An increase in myc activity is sometimes associated with programmed cell death, but this safeguard seems to be overridden in the presence of another oncogene, bcl-2, which prevents myc induced apoptosis.\[^{11}\]

**SRC**

**C-SRC**

[Sphere Line Ribbon Rotate]

Above is the structure of human tyrosine kinase C-SRC.

**SRC is the first oncogene ever discovered.** It was identified as the transforming (cancer causing) agent of the Rous sarcoma virus (RSV), which infects chickens and other animals. RSV is a retrovirus. It infects cells and then inserts its own genes into the cellular DNA. This quickly results in the development of cancer. The virus is therefore called an acutely transforming virus. When infected, chickens develop large tumors within two weeks. Researchers discovered that the protein from a particular gene in RSV causes cells to grow in an abnormal manner. A corresponding proto-oncogene was found in the human genome. The human gene, when activated into an oncogene, functions in a similar manner.

The SRC protein is a tyrosine kinase. Kinases are enzymes that transfer phosphate groups onto target molecules. The important aspect of this process is that the
removal/addition of phosphates changes biomolecules and is a key way by which the activities of cells are regulated. The phosphate addition/removal process acts like an on/off switch to control the activity of the target molecules. The src proteins alter several target molecules, resulting in the transmission of signals to the nucleus that help regulate the cell.\cite{11}

There are at least nine different known SRC genes. Due to different processing of the mRNA produced by these genes, at least 14 different proteins may be produced. C-SRC is normally found in most cells at a low level, but have been found to be overexpressed in certain cancer types, including human neuroblastoma, small-cell lung, colon, and breast carcinomas, and rhabdomyosarcoma.\cite{8}

**Telomerase**

Due to the nature of the DNA replication process the ends (telomeres) of our chromosomes become shortened during each cell division. The shortening of the chromosomes serves to limit the number of times any given cell can undergo division. When telomeres shorten to a critical length the cell is unable to replicate its DNA without losing vital genetic material. At this point normal cells enter cellular senescence, or growth arrest, after which no further cell division takes place.

Cancer cells have the ability to replicate without reaching a state of senescence. In many cancers the ability to divide without limit is achieved by the production of an enzyme called telomerase. Telomerase maintains the ends of chromosomes so that they do not shorten. Telomerase is a normal protein that is present in cells during fetal development. In most cells of an adult human, telomerase is not present as the gene for the enzyme is not being expressed (transcribed and translated). However, in some cancer cells the necessary task of achieving unlimited replication is made possible by the reactivation of the gene that codes for telomerase.

The animation below depicts the lengths of chromosomes both with (right) and without (left) active telomerase.
In cancer cells that do not possess telomerase activity, shortening of chromosomes is thought to be prevented by other mechanisms. The maintenance of telomere length allows for unlimited cell division. The gene that codes for the active component of the telomerase enzyme, \textit{hTERT}, is considered a proto-oncogene because abnormal expression contributes to unregulated cell growth.

\textbf{BCL-2}

\textbf{BCL-2}

The structure above is the antiapoptotic protein BCL-2.

\textit{BCL-2} (for \textbf{B} cell lymphoma gene-2) proteins are associated with membranes and membrane activity. The BCLI-2 protein is a part of a complex system of signaling that controls apoptosis. Apoptosis (cell death) may be induced by a variety of signals including irreparable DNA damage. This form of cellular suicide prevents the expansion of damaged cells. BCL-2 works to \textbf{prevent} apoptosis.\textsuperscript{[12]} Therefore, its overexpression can prevent apoptosis in cells that are damaged. This can lead to the continued division of the mutated cells lines and eventually cancer. Also, too much BCL-2 can contribute to metastasis in certain cancers.\textsuperscript{[13]}

If apoptosis controls are disrupted, then drugs that work by inducing apoptosis will not work as efficiently. Therefore, drugs are being developed that will down-regulate \textit{BCL-2} and allow other anti-cancer drugs to work more efficiently (and at lower doses). One such drug is the antisense nucleotide Genasense\textsuperscript{"}, which has shown in phase I trials to reduce BCL-2 production and is currently in phase II and III trials as a supplementary treatment for various cancers.\textsuperscript{[14]} More on \textbf{antisense drugs}.

Also, there are drugs that indirectly reduce the amount of BCL-2 protein, such as all-trans retinoic acid, paclitaxel, vincristine, and docetaxel. These drugs are often combined with other chemotherapy agents during treatment. New methods, not yet tested in humans, include BCL-2 binding peptides that inactivate the protein and antimycin A that binds to BCL-2 related proteins.\textsuperscript{[15]}
Since BCL-2 gene activity can affect the success of cancer treatment, knowing if it is functioning normally may prove to be a valuable diagnostic tool. This proto-oncogene can become activated into an oncogene by a translocation that causes overexpression of the gene, and an increased amount of BCL-2 protein has been discovered in many different types of cancers.[16]

**EGFR**

The epidermal growth factor receptor (EGFR) is a transmembrane protein. It has a portion outside the cell, and then crosses the cell surface and sticks out in the cytosol. It functions as a kind of cellular antenna. Binding of specific proteins to EGFR (such as epidermal growth factor or transforming growth factor-β) causes two EGFR proteins to stick to each other. The joined proteins are called a dimer. The formation of a dimer activates the receptor. Activation leads to a process called autophosphorylation. The two copies of the protein add small chemicals (phosphate groups) to each other. EGFR activation increases the activity of pathways that lead to cell proliferation and survival [17].

The EGFR gene is mutated or overactive in many cancers, including those of the breast, lung, esophagus, head and neck [18]. Too much activity of EGFR in cancer cells and in other cells found in tumors turns on cell pathways that lead to blood vessel growth (angiogenesis), excessive cell division, enhanced cell survival, and cell movement (which can lead to cancer spread) [17].

The therapies currently in use to target EGFR mutations include monoclonal antibodies and drugs called tyrosine kinase inhibitors (TKIs). The antibodies, including cetuximab (Erbitux®) and panitumumab (Vectibix®), bind the extracellular portion of EGFR to prevent ligands from activating the receptor. The TKIs, including gefitinib (Iressa®) and erlotinib (Tarceva®), bind to a part of EGFR that is inside the cell and prevent the activation process [17].

**Oncogene Table**

<table>
<thead>
<tr>
<th>Oncogene</th>
<th>Function/Activation</th>
<th>Cancer*</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ABL</strong></td>
<td>Promotes cell growth through tyrosine kinase activity</td>
<td>Chronic myelogenous leukemia</td>
<td>[19][20]</td>
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<td><strong>AF4/HRX</strong></td>
<td>Fusion affects the HRX transcription factor/methyltransferase. <em>HRX is also called MLL, ALL1 and HTRX1</em></td>
<td>Acute leukemias</td>
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<td>Gene</td>
<td>Description</td>
<td>Disease/Condition</td>
<td>References</td>
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<td><strong>AKT-2</strong></td>
<td>Encodes a protein-serine/threonine kinase</td>
<td>Ovarian cancer</td>
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<td><strong>ALK</strong></td>
<td>Encodes a receptor tyrosine kinase</td>
<td>Lymphomas</td>
<td>[23]</td>
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<td><strong>ALK/NPM</strong></td>
<td>Translocation creates fusion protein with nucleophosmin(npm)</td>
<td>Large cell lymphomas</td>
<td>[23]</td>
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<td><strong>AML1</strong></td>
<td>Encodes a transcription factor</td>
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<td>[21]</td>
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<td><strong>AML1/MTG8</strong></td>
<td>New fusion protein created by translocation</td>
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<td><strong>AXL</strong></td>
<td>Encodes a receptor tyrosine kinase</td>
<td>Hematopoietic cancers</td>
<td>[21]</td>
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<td><strong>BCL-2, 3, 6</strong></td>
<td>Block apoptosis (programmed cell death)</td>
<td>B-cell lymphomas and leukemias</td>
<td>[20][21]</td>
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<td><strong>BCR/ABL</strong></td>
<td>New protein created by fusion of bcr and abl triggers unregulated cell growth</td>
<td>Chronic myelogenous and acute lymphotic leukemia</td>
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<td><strong>c-MYC</strong></td>
<td>Transcription factor that promotes cell proliferation and DNA synthesis</td>
<td>Leukemia; breast, stomach, lung, cervical, and colon carcinomas; neuroblastomas and glioblastomas</td>
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<td><strong>DBL</strong></td>
<td>Guanine nucleotide exchange factor</td>
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<td><strong>DEK/CAN</strong></td>
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<td><strong>E2A/PBX1</strong></td>
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<td><strong>EGFR</strong></td>
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<td>Osteosarcoma</td>
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<td>overexpression of signaling kinase due to gene amplification</td>
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<td>Angiotensin receptor</td>
<td>Mammary carcinoma</td>
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<td>Encodes a protein that inhibits and leads to the degradation of p53</td>
<td>Sarcomas</td>
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<td>Tumor Type(s)</td>
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<td><strong>NEU</strong></td>
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<td><strong>OST</strong></td>
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<td>Osteosarcomas</td>
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<td>Lympho-plasmacytoid B-cell lymphoma</td>
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<td><strong>PRAD-1</strong></td>
<td>Encodes cyclin D1. Involved in cell cycle regulation.</td>
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<td><strong>RAF</strong></td>
<td>Serine/threonine kinase</td>
<td>Many cancer types</td>
<td>[21]</td>
</tr>
<tr>
<td><strong>RAR/PML</strong></td>
<td>Fusion protein caused by t(15:17) translocation. Retinoic acid receptor.</td>
<td>Acute premyelocytic leukemia</td>
<td>[19][21]</td>
</tr>
<tr>
<td><strong>RAS-K</strong></td>
<td>G-protein. Signal transduction</td>
<td>Lung, ovarian, and bladder carcinoma</td>
<td>[21][22]</td>
</tr>
<tr>
<td><strong>RAS-N</strong></td>
<td>G-protein. Signal transduction</td>
<td>Breast carcinoma</td>
<td>[21]</td>
</tr>
<tr>
<td><strong>REL/NRG</strong></td>
<td>Fusion protein formed by deletion in chromosome 2. Transcription factor.</td>
<td>B-cell lymphoma</td>
<td>[21][22]</td>
</tr>
</tbody>
</table>
Section Summary: Oncogenes

Oncogenes

- Oncogenes are the mutated forms of normal cellular genes (proto-oncogenes).
- The protein products of proto-oncogenes *stimulate* cell division and/or *inhibit* cell death.
- Proto-oncogenes can be likened to the gas pedal in a car.
- Normally, internal and external signals strictly regulate the activity of the proto-
oncogenes, but oncogenes are defective and are 'on' even when they do not receive
appropriate signals.
- Oncogenes also help cells to ignore negative signals that would prevent a healthy
cell from dividing.
- Oncogenes can cause cells to divide continuously even in the absence of any pro-
growth signals.
- The following list describes different cellular roles for a few of the many known
oncogenes:
  - HER-2/neu
    - HER-2/neu encodes for a cell surface receptor that can stimulate cell
division
    - The HER-2/neu gene is amplified in up to 30% of human breast cancers
  - RAS
    - The Ras gene products are involved in kinase signaling pathways that
ultimately control transcription of genes, regulating cell growth and
differentiation.
    - Overexpression and amplification of RAS can lead to continuous cell
proliferation.
  - MYC
    - The Myc protein is a transcription factor and controls expression of
several genes.
    - Myc is thought to be involved in avoiding the cell death mechanism.
    - MYC oncogenes may be activated by gene rearrangement or
amplification.
  - SRC
    - SRC was the first oncogene ever discovered.
    - The Src protein is a tyrosine kinase which regulates cell activity.
  - hTERT
    - hTERT codes for an enzyme (telomerase) that maintains chromosome
ends.
      - In most normal cells telomerase is only present during fetal
development.
      - Activation of hTERT in adult cells gives them the ability to divide
indefinitely.
  - BCL-2
    - The Bcl-2 protein works to prevent cell death (apoptosis).
    - Overexpression of BCL-2 allows continued division of mutated cells.

Know the Flow: Oncogenes
Know the Flow is an educational game for you to test your knowledge. To play:

- Drag the appropriate choices from the column on the right and place them in order in the boxes on the left. Note that you will only use five of the six choices to complete the game.
- When done, click on 'Check' to see how many you got correct.
- For incorrect answers, click on 'Description' to review information about the processes.
- To try again, choose 'Reset' and start over.

**Know the Flow: Oncogenes**

**Processes in order**

- 1
- 2
- 3
- 4
- 5

**Processes**

- Learn more
  - Proto-oncogene subjected to chemical mutagen
- Learn more
  - Proto-oncogene becomes mutated
- Learn more
  - Oncogene produces abnormal proteins
- Learn more
  - Cell divides in an inappropriate manner
- Learn more
  - A tumor is formed
- Learn more
  - Apoptosis occurs

[Check answers] [Reset]
You did it!

The process is in the correct order!

Play again

Javascript is required to play Know the Flow

Look at the following diagram to see the functions of the oncogenes listed above. Many other oncogenes have activities similar to those shown.

- **Receptor tyrosine kinases**: these proteins are enzymes that are able to transfer phosphate groups to target molecules. Binding of the appropriate molecule, such a growth factor, to the portion of the molecule located outside the cell activates an enzymatic activity within the cell. An example of this type of molecule is the HER2 protein.

- **Receptor-associated kinases**: these membrane-associated enzymes are activated by the binding of molecules to nearby receptors. They are then activated to phosphorylate target proteins and transmit signals to the nucleus, changing the behavior of the cell. An example of this type of protein is Src.

- **Transcription factors**: these proteins bind to specific sequences along the DNA helix causing the bound genes to be expressed (transcribed). There are also transcription factors that function by reducing gene expression from particular genes. An example of the former would be the Myc protein and an example of the latter would be the Rb protein.

- **Apoptosis regulating proteins**: these proteins function to control programmed cell death or apoptosis. Damage to cellular DNA may induce cell death. Proteins such as Bcl-2 and its relatives function to block the death of the cell.

- **Telomerase**: this protein-RNA complex functions to maintain the ends of the chromosomes. Without the activity of telomerase, the chromosomes shorten and the cells will be prevented from dividing.
Tumor Suppressors

Tumor suppressors function in many key cellular processes including the regulation of transcription, DNA repair and cell:cell communication. The loss of function of these genes leads to abnormal cellular behavior.

Continuing with the analogy from the previous page, tumor suppressors can be likened to the brake system in a car. If you think of each copy of any tumor suppressor gene as contributing some 'braking power' to the cell, then the analogy is reasonably good. When both copies of a tumor suppressor gene are functioning (represented below by the highlighted genes and stop signs) the cell can stop dividing (the car can stop moving).

A single defective tumor suppressor will still leave the cell with one functioning copy. It would be like stopping a car with only the rear or front brakes instead of both. It may not work quite as well, but it still works! The cells with a single defective version of a tumor suppressor can still control their cell division. When the second copy in the cell is lost, the cell loses the ability to prevent division.

A very good example of this principle will be discussed in the section on the retinoblastoma (Rb) tumor suppressor in the following pages.

All cancers demonstrate alterations in one or more tumor suppressors and oncogenes. In normal cells, these two groups of proteins work together to regulate cell division but in cancer cells the controls are no longer functioning properly.

Because these genes are so important to the development of cancer, the next few sections will examine some specific tumor suppressors and the cancers with which they are associated. The number of genes involved in these processes is increasing almost daily but the ones presented here are some of the best studied to date and should give a good introduction to some of the cellular functions that are disturbed in cancer.

Tumor Suppressors: p53
The *p53* (or *TP53*) gene was discovered in 1979 and has emerged as one of the most important cancer-related genes to date. The gene, located on chromosome 17, produces a protein product that functions as a transcription factor. The genes controlled by p53 are involved in cell division and viability. Like the other tumor suppressors, the p53 protein functions to prevent unregulated cell growth.

The p53 protein interacts directly with DNA. It also interacts with other proteins that direct cellular actions. When DNA damage or other cellular insults are detected, p53 has the power to trigger cell death or apoptosis. The crucial role of p53 in maintaining proper control of cellular processes is underscored by the fact that the *p53* gene is found to be defective in about half of all tumors, regardless of their type or origin. The mutations that inactivate *p53* may be acquired during the lifespan of an individual (sporadic mutations) or they may be inherited.

**A Closer Look at the Discovery of p53 Gene**

In 1979, scientists discovered a novel protein. This protein, which could bind to a transforming protein (Large T antigen) from Simian Virus 40 (SV40), was more prevalent in cells transformed (immortalized and made potentially tumorigenic) by this virus than in normal cells. The protein and its corresponding gene were named *p53*, in reference to the mass of the protein (53 kilodaltons). The *p53* gene is located on chromosome 17 at position p13.

Although *p53* was the second tumor suppressor to be discovered (after Rb), scientists did not understand its true role in the cell until ten years after its discovery. Because *p53* was present at increased levels in transformed cells, researchers first believed that it acted as an oncogene. This belief was supported by initial research. Scientists found that when the *p53* gene was transferred into cells, the cells underwent transformation. However, researchers later discovered that the *p53* gene that had been transferred was in fact a mutant form of the gene. One normal function of the *p53* gene is to prevent cell
transformation\cite{39}\cite{11}

Several lines of evidence have lead to the conclusion that this gene is a tumor suppressor. Since 1989, research into \textit{p53} has made steady progress. The protein has been found to be involved in numerous cellular processes. However, there is still debate regarding the feasibility of using \textit{p53} as a clinical tool, such as its use in identifying cancerous cells.\cite{40} Some current research efforts are designed to test the feasibility of clinical treatments that can repair the gene or replace it when it becomes damaged.\cite{41}

\textbf{p53 Function}

The \textit{p53} protein plays an integral role in the cell and is normally present in all cell types. The protein is localized in the nucleus where it functions as a transcription factor. The \textit{p53} protein is at the center of a large network of proteins that 'sense' the health of a cell and cellular DNA. The \textit{p53} protein is the conductor of a well orchestrated system of cellular damage detection and control. When damage is sensed, the activity of the \textit{p53} protein aids in the decision between repair and the induction of cell death (apoptosis).\cite{42}

As a transcription factor, \textit{p53} stimulates the transcription of a group of target genes. Among them, \textit{p21} is one of the most important. The product of the the \textit{p21} gene is a negative regulator of cyclin-dependent kinases, enzymes that are critical in the progression of the cell cycle and ultimately cell division.\cite{11} By stimulating the transcription of the \textit{p21} gene, \textit{p53} prevents cell proliferation. This stoppage gives the cell the opportunity to make repairs, if possible. If substantial DNA damage has occurred, the \textit{p53} protein can help to trigger cell death. The death of a cell that has incurred substantial DNA damage is beneficial to the organism because it prevents cells with deleterious mutations from proliferating.

As discussed in the introduction to this section, all cancer cells contain mutations in combinations of tumor suppressors and oncogenes. The removal of functional \textit{p53}, the 'guardian of the genome,' from a cell allows for the accumulation of even more DNA damage and the division of cells that contain damaged DNA.

The mutation of the \textit{p53} gene is one of the most frequent genetic changes seen in cancer cells. In addition to mutations that arise during the growth and development of individuals (sporadic mutations), there are forms of cancer associated with the inheritance of a damaged version of \textit{p53}. One such syndrome, the Li-Fraumeni cancer family syndrome, is associated with a wide variety of cancers.\cite{43} In addition, several viruses have evolved ways of inactivating the \textit{p53} protein including the human papillomavirus, the causative agent of cervical cancer.
Due to the central role played by this protein in the regulation of cell division, a large amount of current research is committed to developing a safe method of restoring p53 gene function.

In 2014, researchers discovered that an alternatively spliced form of p53 exists which works to DRIVE cancer development and spread. The new form is called p53?. The work was done in cell culture as well as with mice and rabbit antibodies.[44]

A Closer Look at Abnormal p53 and Cancer Development
A cell lacking functional p53 may or may not become cancerous, and correspondingly, a cell with normal p53 function may eventually lead to the formation of a cancerous growth. As discussed in the section on Mutation, to become cancerous, several different changes to the DNA of a cell must occur. One of the functions of p53 is to monitor the status of the cell's DNA. Along with a host of additional proteins, p53 helps to recognize and effect repairs to damaged DNA. The responses to damaged DNA include repair, cessation of cell division and cell death. Damage to the p53 gene does increase the likelihood of cancer development. Remember that since p53 is a tumor suppressor, both copies of the gene must be inactivated in order to see the full effects. There are several ways in which p53 can be inactivated:

Mutations
Alterations in the p53 gene have have several different effects on the activity of the gene, depending on the location of the alteration.

1. Mutations may occur in regulatory regions. These portions of the gene control how often, and when, the gene is transcribed (this region is called the promoter). A mutation in the promoter region can result in a decrease or absence of p53 in the cell.[45]

2. Mutations that occur in the protein coding region of the gene can impact the expression of the gene (or activity of the protein) in several ways:

- A decrease in the activity of p53 as a transcription factor. The expression of the target genes of p53 that would be affected include p21 (a protein involved cell cycle regulation), Bax (a protein involved in the induction of apoptosis), and thrombospondin-1 (an angiogenesis inhibitor).[46][47]
- A change in p53 that makes it more susceptible to degradation. If the p53 proteins in the cell are being degraded at a higher-than-normal rate they will not be able to perform their functions as tumor suppressors.[48]

Viral Inactivation
One of the functions of p53 is in 'guarding' the genome. Infection with viruses introduces foreign DNA into cells. p53, along with other proteins, is responsible for the cell's response
to the presence of foreign DNA. Again, the responses include shutting down cell division and cell death. To avoid these responses, several different viruses have evolved ways of inactivating the p53 protein. An example of this is Simian Virus 40 (SV40). Upon infection with SV40, viral proteins are produced within the cell cytoplasm. One of the proteins produced is termed the Large T antigen. A function of this protein is the binding and inactivation the p53 protein. Other viruses such as Hepatitis and Human Papillomavirus produce similar proteins.

The elimination of functional p53 from the cell clears the way for cell division even in the presence of DNA damage. In the absence of p53, genetic instability as evidenced by increased mutations and aneuploidy are likely to increase. The increase in genetic damage leads to the accumulation of defective tumor suppressors and oncogenes.\[49\]

**Tumor Suppressors: The Retinoblastoma (Rb) Gene**

The retinoblastoma gene (Rb) encodes a protein that acts by altering the activity of transcription factors. By interacting with transcription factors, Rb is able to indirectly control gene expression. In addition to this function, Rb and closely related proteins have several other less well documented activities. Ultimately, Rb and its relatives contribute to the control of the cell division process.\[50\]

The Rb gene is mutated in many types of cancer. One of the best studied is retinoblastoma, a cancer of the eye from which the gene got its name. The disease is often found in young children. Two different forms of retinoblastoma have been differentiated.

- The **sporadic** form of the disease can affect anyone and is dependent on genetic changes (mutations) acquired during the lifetime of the affected individual.
- The **familial** form of the disease results when affected individuals inherit a defective copy of the gene from one of their parents. In these individuals, every cell contains one normal and one defective copy of the gene.\[51\]

As with other tumor suppressors, the cancer phenotype is not apparent unless both copies of the gene are damaged. While it is unlikely that the good copy of the Rb gene will be mutated in any given cell, the enormous number of cells in our bodies (and even an eye) make it likely that the necessary second mutation will occur. Individuals with the inherited form of the disease often suffer from many different cancerous growths, especially osteosarcomas. Other types of cancer associated with Rb mutation include lung, breast, and bladder carcinomas.\[52\]

**A Closer Look at the Rb Gene and its Association with Cancer**
The Rb gene was initially identified through its association with a familial (inherited) form of retinoblastoma. This type of cancer primarily affects the eyes and is most common in children. In its inherited form, affected individuals already have one mutated Rb gene in all
of their cells and require a single mutation in the other copy to render that particular cell devoid of functioning Rb protein. Mutations are rare events and the chance of a mutation in any particular gene is rather small but the extremely large number of cells in our bodies makes it very likely that the second copy of the gene will be damaged in at least a few cells. If these cells are then able to grow in an uncontrolled manner, cancer may ensue. In cases of familial retinoblastoma, it is common for affected individuals to develop multiple tumors because of the relatively high probability of this second mutation occurring. In its sporadic form, individuals normally have two functional copies of the Rb gene in each of their cells and require two separate mutations in the same cell to lose Rb function. As a result, these individuals usually develop just one tumor. Individuals who have the familial form are much more likely to experience recurrences of tumors.

Loss of Rb activity has been identified in osteosarcomas found in patients with familial retinoblastoma. Osteosarcomas represent nearly half of the secondary tumors identified in patients with the inherited form of the disease. Rb function has also been shown to have an influence on a woman's chance of developing breast cancer. Normally Rb regulates the G1 cell cycle checkpoint, but studies have shown that some breast cancers have a deregulation in this checkpoint, implicating Rb as a contributing factor in the disease. Rb has been implicated as a contributor to some other types of cancers also, such as, small cell and non-small cell lung cancers.

**Rb Function**

The Rb gene is essential for the normal functioning of the cell cycle. Cells respond to a variety of environmental factors that instruct them to grow and divide, rest, or undergo apoptosis. Disruption of these signals can lead to unregulated cell growth, which ultimately results in cancer. The control of the cell division process involves the integration of a variety of signals.
The \( Rb \) gene product (pRb) normally functions as a growth inhibitor by binding to and inhibiting transcription factors. Therefore, Rb indirectly controls the expression of a variety of genes. Some of these genes produce proteins involved in driving cell division forward. Thus, Rb activity slows or halts cell division.\(^{[53]}\) Changes to regulatory proteins such as Rb can have dramatic effects on individual cells and ultimately the entire organism. Besides its involvement in regulation of the cell cycle, Rb also plays a role in apoptosis. Apoptosis is a very important cellular function in which a damaged cell undergoes programmed death. If a cell undergoes mutations that cannot be repaired, the cell can be eliminated via apoptosis. This process eliminates cells that have the potential for unregulated, potentially cancerous, growth. Any alterations in cellular function that reduce or eliminate the activation of apoptosis may have deleterious effects on the cell population.\(^{[54]}\) The \( Rb \) gene may be inactivated via several different types of genetic damage. Mutations that completely eliminate the function of the protein (null mutations) are often seen in cells without functional Rb protein.

Loss of Rb may actually help patients respond to chemotherapy in some situations. Research has shown that breast cancer patients receiving neo-adjuvant chemotherapy, chemotherapy given before their surgery, respond better if they lack Rb function.\(^{[55]}\)

**A Closer Look at Rb's Functions**

In addition to its role regulating cell growth and apoptosis, recent studies indicate that proteins related to Rb can have differential activity depending upon the stage of the cell cycle and their location within the nucleus. Further, some studies indicate that Rb-like proteins can regulate transcription of rRNA and tRNA, meaning that pRBs can exert control over both transcriptional and posttranscriptional events in cells.\(^{[56]}\)

In addition to its role as a transcription factor, pRb has also proven to have additional activities that may contribute to its tumor suppressive effects. The Rb protein has been shown to associate with chromatin modification proteins such as histone deacetylases (HDAC). HDACs are thought to affect transcription by removing acetyl groups from histones. This modification results in a closer association between DNA and nucleosomes.\(^{[57]}\) The closer DNA:histone interaction makes it more difficult for transcription factors like E2F to bind to their target regions in the DNA. It still remains unclear what Rb's function is in this process, but studies have shown that at least some HDACs do not function properly in the absence of Rb.\(^{[58]}\)

**Tumor Suppressors: APC**
Mutations of the \textit{APC} (adenomatous polyposis coli) gene are strongly associated with both inherited and sporadic cases of colon cancer. As will be described in the next section, the APC protein, like many tumor suppressors, functions to control the expression of genes critical in the cell division process.

Most cases of colon cancer are thought to develop slowly over a period of several years. Inactivation of the \textit{APC} gene, located on chromosome 5, is thought to lead to increased cell proliferation and contribute to the formation of colonic polyps. Several genetic alterations must occur during the conversion of normal colon cells into cells capable of forming tumors. In many cases mutation of the \textit{APC} gene is thought to be one of the first steps. Evidence for this can be seen indirectly by examining individuals who have inherited a mutation in one of their \textit{APC} genes. These patients have a disease called familial adenomatous polyposis, a condition in which the colon is filled with polyps. Every polyp has the potential to develop into cancer, therefore those with the inherited mutation are at a much higher risk for cancer. This situation is very similar to the one described for the inherited form of retinoblastoma in the section devoted to \textit{Rb}. Instead of needing two somatic mutations within the same cell to lose \textit{APC} function, these individuals require only a single genetic change (in any given cell) to cause major problems.

Comparisons of mutations identified in cells removed at different stages of cancer development have lead to the establishment of a possible order for genetic mutations that lead to a subset of colon cancers. In this model, the \textit{APC} gene is mutated in the first step, producing highly proliferative cells. Those cells will then form a polyp, which may develop into cancer.\textsuperscript{[11]}

**\textit{APC} Function**

Since an absence of functional APC protein leads to increased cell division, it stands to reason that the normal protein works to inhibit cell division in some way. This is indeed the case. APC protein forms a complex with beta-catenin, a transcription factor, leading to beta-catenin's degradation. In the absence of the APC protein, there is an excess of beta-catenin in the nucleus. Beta-catenin binds to another protein in the nucleus to form a complex that binds to DNA and activates the transcription of several genes. One target gene of this complex is \textit{c-myc}, a known oncogene.\textsuperscript{[59]} \textit{C-myc} is itself a transcription factor for several genes that control cell growth and division. The mutation of the \textit{APC} gene leads, therefore, to a cascade of events that ultimately result in increased cell division. A diagram of this model of APC function is shown below.

Your browser does not support HTML5 embedded video.

Of course, many other factors can influence the expression of genes and their products, but mutations in the \textit{APC} genes seem to correlate with an increase in beta-catenin and \textit{c-myc}.
leading to high proliferation rates.[60]

Research has shown that the addition of normal APC protein to colon cancer cells lacking functional APC causes a decrease in tumor cell growth. The decrease in growth was shown to be caused by an increase in apoptosis, suggesting that APC mediates cell death controls as well as growth controls.[61] Therefore, loss of the gene alters the balance between cell growth and cell death that acts to control cell numbers.

**Tumor Suppressors: BRCA**

The BRCA proteins have multiple functions. One important role is in the repair of DNA damage. They have also been implicated in the regulation of gene expression. The BRCA-1 gene is associated with the activation of another tumor suppressor, p53, and its target gene p21. BRCA proteins also interact with transcription factors and other transcription components to control the activity of several other genes.[62] When the BRCA genes are non-functional, DNA repair and gene regulation are compromised. The increase in DNA damage can lead to the generation of cells that accumulate mutations in key genes, leading to cancer cell formation. Cells lacking functional BRCA genes often suffer from chromosomal breaks, severe aneuploidy, and may contain too many centrosomes. All of these defects interfere with normal cell division and cell function.

At the molecular level, the structure of the BRCA-1 and -2 genes provides an explanation for their susceptibility to mutation. They contain a very high proportion of repetitive DNA, which is rare in human genes. The repetitive DNA can lead to genomic instability and rearrangements. [62]

Several lines of work have demonstrated that loss of BRCA gene products is associated with the development of sporadic and inherited cancer.[62]

**A Closer Look at Ovarian Cancer and BRCA**

Although the BRCA genes were named after their association with breast cancer, mutations in these genes are also associated with ovarian cancers. The hereditary and sporadic forms of ovarian cancer are similar but there are some differences. Hereditary ovarian cancer tends to have a mostly serous histology, be moderately to poorly differentiated, invasive, and is usually discovered at an advanced stage. Also, BRCA mutation carriers have a higher frequency of lesions in the fallopian tubes. Whether the patient is a carrier of the mutation or not, benign and low malignant potential ovarian tumors are not considered precursors of invasive ovarian carcinoma.[63]

**BRCA Function**
Mutations in the **BRCA-1** and **BRCA-2** genes are associated with a subset of breast and ovarian cancers. These two genes have different functions within cells. Like the other tumor suppressors discussed so far, mutations can arise spontaneously or they may be inherited. Individuals who inherit a **BRCA-1** or **BRCA-2** mutation are known to be more susceptible to developing breast cancer. Individuals carrying a **BRCA** mutation have a lifetime risk (if they live to the age of 85) of 80% for developing breast cancer. The lifetime risks for developing ovarian cancer is 10-20% for **BRCA-2** mutations and 40-60% for **BRCA-1** mutations. The presence of these mutations may also increase the risk of prostate, pancreatic, colon, and other cancers. The total risk for any person depends on the individual genetic and environmental risk factors to which they are exposed. **BRCA-1** and **BRCA-2** mutations are thought to be associated with 5-10% of all breast cancers.

**The **BRCA** Genes and Estrogen**

Mutation of the **BRCA** genes has been associated with cancers of certain tissues, including the breast and ovaries. This suggests that estrogen may play a role in the development of cancer in these tissues. Estrogen fluctuations, such as those seen during puberty, menstruation, pregnancy, and menopause are associated with cancer development. Increases in estrogen, especially at puberty and during pregnancy, cause an increase in breast epithelial cell proliferation, which in turn places increased demands on the DNA repair capabilities of the cells. Reproduction (cell division) of cells with lowered DNA repair efficiency may lead to the formation of cancer. In the animation below, estrogen (shown in pink) stimulates cells to divide, producing a cancerous cell. [62]

Your browser does not support HTML5 embedded video.

If one **BRCA** gene is already mutated, a mutation that removes the only functioning copy will cause DNA repair defects. When both copies of the repair gene are non-functional, there is an increased likelihood of a cell acquiring mutations that lead to tumor development. In an individual who has inherited a defective copy of the **BRCA** gene, ALL of their cells carry the defect. A mutation of the second copy in any cell can trigger DNA repair difficulties. Two independent mutation events are required for cancer development in individuals who have not inherited a defective **BRCA** allele. Both of these sporadic mutations must occur in the same cell. The occurrence of two mutations in the same cell is rare; this explains why these cancers tend to appear later in life. [62]

More information on this topic may be found in Chapters 3, 4, 7, and 9 of *The Biology of Cancer* by Robert A. Weinberg.

**A Closer Look at **BRCA**'s Affects on Survival**

There have been several studies designed to determine the differences in survival between **BRCA** mutation carriers with cancer and those who developed cancer sporadically. The results are somewhat contradictory, probably due to differing study designs and factors such as the degree of matching between controls (sporadic) and carriers. However, though the **BRCA** mutation carriers have a poorer prognosis based on
the characteristics of their cancer, they seem to have an equal or higher survival rate when compared with sporadic cancer patients. This is thought to be due to the responsiveness of the tumors to chemotherapy. The increased susceptibility may be due, in part, to their high proliferation rates. The tumors are also more susceptible to cancer treatments such as gamma radiation, cisplatin, and mitomycin C because those treatments cause DNA damage that would normally be repaired by functioning BRCA gene products. If the BRCA genes are inactive the cell can not repair DNA damage as efficiently and cell death results. The non-cancerous cells in a BRCA mutation carrier retain one functional BRCA gene and can therefore repair their DNA.\[63\]

## Tumor Suppressor Table

<table>
<thead>
<tr>
<th>Tumor Suppressor</th>
<th>Function</th>
<th>Cancer *</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>APC</td>
<td>Controls the function of specific transcription factors which are involved in tumorigenesis, and development and homeostasis of some cell types including epithelial and lymphoid cells. APC has also been implicated in cell proliferation and other cellular activities such as migration, and adhesion.</td>
<td>Familial adenomatous and non-inherited colorectal carcinomas</td>
<td>[64][65]</td>
</tr>
<tr>
<td>BRCA1, BRCA2</td>
<td>DNA Damage Repair</td>
<td>Inherited breast cancers; ovarian cancers</td>
<td>[66]</td>
</tr>
<tr>
<td>CDKN2A</td>
<td>Gene locus that encodes the tumor suppressors p16 and p14ARF.</td>
<td>Brain tumors</td>
<td>1 [67]</td>
</tr>
<tr>
<td>Gene</td>
<td>Function</td>
<td>Disease</td>
<td>References</td>
</tr>
<tr>
<td>--------</td>
<td>--------------------------------------------------------------------------</td>
<td>----------------------------------------------</td>
<td>-----------------------------</td>
</tr>
<tr>
<td>DCC</td>
<td>Netrin-1 receptor. Regulation of cell proliferation and apoptosis of intestinal epithelium.</td>
<td>Colorectal carcinomas</td>
<td>[[68]], [[69]], [[70]]</td>
</tr>
<tr>
<td>DPC4 (SMAD4)</td>
<td>Transcriptional factor involved in development; Implicated in metastasis and tumor invasiveness.</td>
<td>Colorectal tumors, pancreatic neoplasia</td>
<td>[71], [72]</td>
</tr>
<tr>
<td>MADR2/JV18 (SMAD2)</td>
<td>Mediates signaling from growth factor receptors. Assists in transport of SMAD4 into nucleus.</td>
<td>Colorectal cancer</td>
<td>[73], [74]</td>
</tr>
<tr>
<td>MEN1</td>
<td>Codes for the menin protein that interacts with transcription factors, DNA repair proteins, cytoskeletal proteins and others. Function not clearly defined.</td>
<td>Multiple endocrine neoplasia type 1</td>
<td>[75]</td>
</tr>
<tr>
<td>MTS1</td>
<td>Inhibitor of cyclin-dependent kinases; regulates cell cycle passage from G1 into S.</td>
<td>Melanomas</td>
<td>[76]</td>
</tr>
<tr>
<td>NF1</td>
<td>RAS GTPase activating protein (RAS-GAP)</td>
<td>Neurofibromatosis type 1</td>
<td>[77]</td>
</tr>
<tr>
<td>NF2</td>
<td>ERM protein; organize plasma membrane by assembling protein complexes and linking them to actin.</td>
<td>Neurofibromatosis type 2</td>
<td>[78]</td>
</tr>
<tr>
<td>Gene</td>
<td>Description</td>
<td>Cancer Types</td>
<td>References</td>
</tr>
<tr>
<td>------</td>
<td>-------------</td>
<td>--------------</td>
<td>------------</td>
</tr>
<tr>
<td>p53</td>
<td>Encodes a transcription factor for p21, a protein that arrests the cell cycle in G1 phase. p53 integrates signals related to cell size, DNA integrity and chromosome replication.</td>
<td>Bladder, breast, colorectal, esophageal, liver, lung, prostate, and ovarian carcinomas; brain tumors, sarcomas, lymphomas, and leukemias</td>
<td>[79]</td>
</tr>
<tr>
<td>PTEN</td>
<td>Lipid phosphatase. Regulates cell survival</td>
<td>Cowden syndrome; increased risk of breast and thyroid cancer</td>
<td>2 [80]</td>
</tr>
<tr>
<td>Rb</td>
<td>Binds to, and inhibits, the E2F transcription factor. Halts cell cycle progression</td>
<td>Retinoblastoma, sarcomas; bladder, breast, esophageal, prostate, and lung carcinomas</td>
<td>[81]</td>
</tr>
<tr>
<td>VHL</td>
<td>Cell cycle regulation. May increase stability and activity of p53</td>
<td>Renal cell carcinomas</td>
<td>1 [82]</td>
</tr>
<tr>
<td>WRN</td>
<td>DNA helicase and exonuclease. Involved in repair of DNA breaks.</td>
<td>Werner syndrome</td>
<td>2 [83]</td>
</tr>
<tr>
<td>WT1</td>
<td>Transcription factor. Essential role in development.</td>
<td>Wilms tumors (pediatric kidney cancer)</td>
<td>1</td>
</tr>
</tbody>
</table>

* The cancer types listed in this column are those that are predominantly associated with each tumor suppressor gene but this is not an exhaustive list.

For information on these genes and others please visit the Cancer Genome Anatomy Project.
Section Summary: Tumor Suppressors

Tumor Suppressors

- The protein products of tumor suppressor genes can directly or indirectly prevent cell division or lead to cell death.
- Tumor suppressors can be likened to the brake system in a car.
- Loss of function of tumor suppressors leads to abnormal cellular behavior.
- The following describes the function of some key tumor suppressor genes:
  - \textit{p53}
    - A transcription factor that regulates genes controlling cell division and cell death.
    - Important in the cellular response to DNA damage.
    - Aids in decision between repair and induction of cell death.
  - \textit{Rb}
    - Functions by altering transcription factor activity.
    - Contributes to the control of cellular division by acting as an inhibitor.
  - \textit{APC}
    - The APC protein binds and stimulates the degradation of a transcription factor.
    - Absence of functional APC protein leads to increased cell division.
  - \textit{BRCA}
    - BRCA proteins have multiple functions including repairing DNA damage and regulation of gene expression.
    - Non-functional \textit{BRCA} leads to compromised DNA repair and gene regulation.

MicroRNAs

Genes are long strings of DNA that encode messages in the form of RNA. The genes of most interest, for many years, were those that encode messenger RNA (mRNA), the RNA that is used to guide the production of proteins. (See our Gene Function section for an overview.) Other RNAs (tRNA, snoRNA, rRNA) are useful at RNA (they are not used to make proteins). They work to help in the production of proteins.
In 1993, a new type of RNA was discovered in a type of worm- a very short RNA with surprising activities.[84] The RNA was shown to regulate the activity of a different gene. While mRNA molecules can be thousands of nucleotides in length, the new RNA was only a few dozen nucleotides long. Within a decade, many other examples of these small RNAs were discovered. These microRNAs (or miRNAs) are now known to control many different genes and cellular processes.

Another surprise came when researchers looked for new miRNAs. Some of them come from their own gene, but many are found within other genes, usually in parts that are not used to make protein (so-called non-coding regions). Also, the miRNAs don't get produced in a functional form. They require several processing steps and ultimately work together with proteins to accomplish their gene regulating activities.

Two different pathways that lead to the production of functional miRNAs are shown in the diagram below (graphic from Wikimedia Commons).
The final product of the 'maturation' process is a short RNA combined with a group of proteins (a miRNP). The miRNPs work to increase and decrease the activity of target genes. The mature miRNPs can bind to target mRNAs and prevent them from being used to make protein. They can also directly cause the destruction of targets. Because the activity of our genes is very tightly controlled to maintain balance in our cells, it is not surprising that defects in miRNA production or activity have been linked to several human disorders, including cancer.

MicroRNAs and Cancer

MicroRNAs (miRNAs) are now known to be extremely common and known to regulate genes that are involved in a wide range of cell activities. Changes in miRNAs that make them more or less active can influence the activity of their target genes and lead to visible changes, including disease. Cancer is the result of genetic changes that alter gene activity, so it make sense that changes in miRNAs could influence the development and/or spread of cancer. In fact, research on miRNAs is extremely active and is impacting many different areas of cancer biology, detection, diagnosis and treatment. Some areas of cancer impacted by miRNAs are described below.

miRNAs and cancer prevention
Chemicals found in food are known to influence the activity of many genes, including those that encode miRNAs. The ways that our diet influences miRNA activity and could therefore increase or decrease cancer risk is currently an active area of investigation.

miRNAs as oncogenes and tumor suppressors
Because miRNA control the activity of genes, they can be considered oncogenes or tumor suppressors, depending on their effects on cell growth. miRNAs that normally slow cell division or cause cell death would be considered tumor suppressors (their loss would lead to increased cell division/survival) and those that normally increase cell division or cell survival would be considered oncogenes. There are now many instances of miRNAs working in these ways, in a variety of different cancer types.

miRNAs as drivers of tumor cell metabolism
For many years, it has been known that cancer cells rely more on the energy production pathway called glycolysis than normal cells. This is referred to as the 'Warburg effect'. One result of this is that cancer cells take up more sugar than other cells and may be influenced by sugar levels in the body. Another impact is that the cancer cells produce more lactic acid, a product of glycolysis. This acid can change the environment around the cells. Together, the changes can lead to progression of the disease. It is now thought that miRNAs have a role in causing the Warburg effect by influencing the activity of tumor suppressors like p53 and oncogenes including HIF1A.

miRNA as biomarkers for cancer detection and diagnosis
A biomarker is something that indicates the presence of a disease (or the potential for a disease) indirectly. An example of a biomarker is the measurement of blood cholesterol levels as an indicator of cardiovascular health. Blood tests like the PSA test are also tests for biomarkers. Now that miRNAs have been associated with cancer, researchers are looking to see if the presence of miRNA in the blood or other tissues can serve as a biomarker of cancer and could therefore be the basis for a test.\textsuperscript{[99][90][91][92]} They have also been proposed as markers of drug resistance and could be used to guide treatment.\textsuperscript{[100]}

**miRNA as targets for cancer treatment**

As regulators of cell activities, miRNA should be possible targets for cancer treatments. Because a single miRNA can control a large group of genes, drugs targeted at miRNA could prove to be very effective. They could shut down or turn on entire pathways at once.\textsuperscript{[91][90][91][92][94]}

An example is found in breast cancer. Many breast cancers are dependent on the female sex hormones estrogen and progesterone for their growth and survival. This observation is actually the basis for the use of anti-hormonal treatments like tamoxifen, raloxifene and the aromatase inhibitors. In a 2012 study, progesterone was shown to cause the cancer cells to revert to a more stem cell-like state, making them more difficult to treat. The change in cellular behavior was found to be due to the suppression of a group of miRNAs, known as the miRNA 29 family. The researchers are now looking at ways to increase the activity of these miRNAs in cancer cells in the hopes of reversing the stem cell traits in the cancer cells.\textsuperscript{[102]}

**miRNA as drivers of drug resistance**

Sometimes, cancer drugs fight cancer effectively, but only at first. With time, a patient loses sensitivity to the drug. This phenomenon of drug resistance is what makes treating cancer so challenging. So, much of cancer research investigates why and how this resistance develops, and more and more evidence indicates that miRNA help drive this change in drug sensitivity. Abnormal levels of many miRNAs have been associated with drug resistance. However, when one of these miRNAs was restored to a normal level, sensitivity to a cancer drug returned.\textsuperscript{[103]}

NASA has funded a research program at Emory that is examining the role of miRNAs in the development of cancer. Learn more about the Emory NSCOR research.

Learn more about stem cells and cancer.

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1. Graphic created by Lauren Rusnak - 2017


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