## Letrozole

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Brand name: Fermara®

IUPAC: 4-[(4-cyanophenyl)-(1,2,4-triazol-1-yl)methyl]benzonitrile

FDA approval: Yes Manufacturer Link

Usage:

Letrozole is used to treat postmenopausal women with hormone receptor positive advanced or metastatic breast cancer. Letrozole is taken once daily in tablet form. 1

• 1Chu, E., & DeVita, V. T. (2015). Physicians' cancerchemotherapy drug manual 2015. Burlington, MA: Jones & Bartlett Learning.

## Mechanism:

Letrozole (Femara®) is an aromatase inhibitor that binds to theenzyme preventing its conversion of androgens (sex hormones) into estrogen. This action can prevent growth of hormonal dependent cancers.

The diagram below shows the 3D molecular structure of Letrozole.



• 1Chu, E., & DeVita, V. T. (2015). Physicians' cancerchemotherapy drug manual 2015. Burlington, MA: Jones & Bartlett Learning.

## Side effects:

Common side effects include muscle and bone pain, hot flashes, back pain, difficulty breathing, coughing, fatigue, headache. Patients should not become pregnant while being treated with letrozole as it may cause harm to the unborn child. 1

• 1Chu, E., & DeVita, V. T. (2015). Physicians' cancerchemotherapy drug manual 2015. Burlington, MA: Jones & Bartlett Learning.

## Contraindications:

Letrozole is only indicated for use in postmenopausal women, as efficacy in premenopausal women has not been established. Caution should also be taken in patients with abnormal liver function.

• 1Chu, E., & DeVita, V. T. (2015). Physicians' cancerchemotherapy drug manual 2015. Burlington, MA: Jones & Bartlett Learning.